

WHEN TO CALL THE OFFICE...

NAUSEA AND VOMITING

Nausea and vomiting can be normal occurrences during pregnancy. They can also be signs of problems that require medical attention. It is possible to become dehydrated during this time. If you experience persistent nausea and vomiting for over 24 hours, please call the office for advice.

ABDOMINAL PAIN AND CRAMPING

Mild cramping or discomforts can be normal in early pregnancy as your uterus grows and stretches. Severe cramping or abdominal pain can be signs of threatening miscarriage. If you are between 24 and 36 weeks, report more than 4-6 contractions in an hour.

BLEEDING

Any bleeding should be reported to us. If you are near your due date, light bleeding/spotting may follow an exam done in the office. If you experience heavy bleeding like a period at any time, call immediately.

OTHER TIMES TO CALL

Fever or chills that cannot be easily explained by cold or flu symptoms needs to be reported. After the 24th week you need to report persistent headaches or any visual changes, upper abdominal pain, or swelling of hand and feet that does not resolve after rest.